



The following information is also available on www.psaydn.org.

Take Ten!

Welcome to *Take Ten!* – A monthly bulletin designed to keep you informed. We invite you to take 10 minutes a month to update yourself with what's going on in the network and the afterschool/youth development field.

May/June 2009

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THE SPOTLIGHT!

Afterschool and Pregnancy Prevention

Though teen pregnancy rates in the United States have dropped within the past decade, the teen birth rate in the U.S. is still higher than any other developed nation. A recent study has found that youth who do not spend time in extracurricular activities after school are 37% more likely to become teen parents than are youth who spend time in afterschool programs, and that the most common time for youth to have sexual intercourse is in the hours between 3 p.m. and 6 p.m. Afterschool programs help prevent teen pregnancy by encouraging good decision making and providing youth health education and positive role models in a supervised setting after school. [Click here](#) to see the PDF brief.

PSAYDN UPDATE

PSADYN Director Opportunity

Resumes are being accepted for Pennsylvania Statewide Afterschool/Youth Development Network (PSAYDN) Director. For complete job description and information on how to apply, go to www.center-school.org and click on employment. Cover letters and resumes should be sent to cscresume@csc.csiu.org. Please share this information with others who may be interested.

PROMISING PRACTICES – PROVEN STRATEGIES

Learn about what is going on locally and nationally.

Pennsylvania

The ELECT Student Works (ESW) pilot program provides comprehensive afterschool activities to at-risk youth in grades 4 through 8. The program promotes academic achievement and employs a variety of strategies, such as mentoring and service-learning, to help youth to avoid teenage pregnancy and other risky behaviors. ESW is funded with TANF dollars (\$2000 per child) by the Office of Income Maintenance

at the Department of Public Welfare. School districts in Philadelphia, Pittsburgh, Erie and Harrisburg were selected to pilot the program in 2002. For more information, [click here](#).

The Pennsylvania Coalition to Prevent Teen Pregnancy held its 2009 Conference: *The Future of Sex Education* in State College, PA, May 4-5 2009. The conference was a two-day program for professionals committed to teen pregnancy prevention. National experts shared insights and successful strategies, interventions and initiatives. The latest trends and statistics were explained, helpful resources were presented and attendees were able to exchange ideas with professionals who share their goals. To learn more about the PCPTP, please [click here](#).

Around the Country

Denver, CO – The Denver Teen Pregnancy Prevention Partnership (DTPPP) has been selected by the Healthy Teen Network to receive its Outstanding Emerging Innovation Program Award. The award honors and celebrates unique and innovative work in the field of adolescent pregnancy, parenting and prevention. The Denver Teen Pregnancy Prevention Partnership is a two-year pilot initiative that provides pregnancy prevention education to youth and families. To read more about DTPPP and their efforts, [click here](#).

RECOMMENDED READING

[Check out these recent articles, research and reviews on afterschool and youth development issues.](#)

Ten Reasons to Still Keep the Focus on Teen Childbearing

Being a parent is not an easy job, but when the parent is a teenager, the job is tougher still. When teens become parents, they face formidable obstacles on the road to a better life for themselves and their children. This research brief updates Child Trends' 2002 report to make the case for why teenage childbearing deserves continued attention. To read the rest of this publication, [click here](#).

Teenage Pregnancy Prevention

This online resource discusses both the social and economic health of mothers and their children. It states that teenage mothers are less likely to receive prenatal care, and their children are more likely to be born before term, to have low birth weights, and to have developmental delays. Teenage mothers are also less likely to complete their education than moms over twenty years of age. To read more of this brief, [click here](#).

Promising Teen Fatherhood Programs: Initial Evidence Lessons from Evidence Based Research

What makes for a good teen fatherhood program? The timing of fatherhood is a powerful organizer of the paternal role. Early entry into fatherhood is a non-normative event and often accelerates role transitions. Even before they become fathers, teen fathers are a particularly vulnerable group of males whose family backgrounds and life-stressors tend to differ from older men and men who do not become fathers during adolescence. This brief identifies ten characteristics of "model" and "promising" teen fatherhood programs using rigorous evaluation criteria. [Click here](#) to read this article.

UPCOMING EVENTS

[Mark your calendars; you don't want to miss these events.](#)

- **6/10/09 21st Century Community Schools Policy Summit: Catching the Vision** -- Join key national, state and local leaders at this policy and practice summit in Allentown-Lehigh Valley, PA at the Holiday Inn-Lehigh Valley. *The Community Schools Summit: Catching the Vision* will examine the success of local initiatives, as well as focus on the development of statewide and regional strategies to build local support for the implementation of community schools. [Click here](#) for more information on this event.

- **6/14/09-6/16/09 ESL Conference: *Multiple Cultures, Multiple Voices: Expanding and Strengthening Practice, Policy and Partnerships*** -- The Pennsylvania Department of Education in partnership with Penn State Harrisburg and the Center for Schools and Communities invite you to join them in Harrisburg, Pennsylvania at the Hilton for the 2009 English as a Second Language (ESL) Conference. The conference will bring together education researchers, school administrators and teachers, school board members, ESL content and migrant educators, legislators and policy-makers, workforce development personnel, and parents. For more details on this event, [click here](#).
- **6/18/09 2009 Pennsylvania Parent Involvement Forum: *Linking Parent Engagement to Strong Results for Students: Research and Evidence-Based Practices*** -- The 2009 Pennsylvania Parent Forum will focus on research, parent perspectives and evidence based practices about parent engagement; school readiness; family, school and community connections; and personal and relational factors that support strong results for students. Plan now to join national, state and local experts at this policy and practice forum in Harrisburg, PA at the Holiday Inn Harrisburg East on June 18, 2009. To register and see more information on this event, [click here](#).

ADVOCACY CORNER

Sustain afterschool funding by getting involved – Here's a tip to help steer you in the right direction.

The National Campaign to Prevent Teen Pregnancy

The National Campaign to Prevent Teen Pregnancy seeks to improve the well-being of children, youth, families and the nation by preventing unplanned and teen pregnancy. The National Campaign's State and Local Action Program supports existing efforts in states to prevent teen pregnancy and unplanned pregnancy and to stimulate more initiatives at the state and local level. The National Campaign provides state and local programs, coalitions and leaders with a wide variety of materials and ideas, as well as hands-on assistance. For more information on available initiatives, resources and assistance, [click here](#).

The **PSAYDN** is a collaborative effort among state, regional and local partners. Its purpose is to promote sustainable, high quality out-of-school time youth development programs through advocacy and capacity building to enhance the welfare of Pennsylvania's children, youth and families. To learn more about PSAYDN, please contact:

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