

TakeTen!

A monthly bulletin designed to keep you informed.

pennsylvania statewide
afterschool
youth development
network

The Spotlight!

News
& Grants

Practices &
Strategies

Recommended
Reading

Upcoming
Events

Advocacy
Corner

January 2010

Welcome to **Take Ten**, a monthly bulletin designed to keep you informed. We invite you to take 10 minutes a month to update yourself with what's going on in the network and the afterschool/youth development field. **This edition of Take Ten will focus on nutrition and wellness in the afterschool hours.**

This information is also available on www.psaydn.org.

Pennsylvania Statewide Afterschool/Youth Development Network (PSAYDN) is a collaborative effort among state, regional and local partners. Its purpose is to promote sustainable, high-quality out-of-school time youth development programs through advocacy and capacity building to enhance the welfare of Pennsylvania's children, youth and families. To learn more about PSAYDN, call 717-763-1661 or email psaydn@csc.csiu.org

