



The following information is also available on www.psaydn.org.

Take Ten!

Welcome to *Take Ten!* - A monthly bulletin designed to keep you informed. We invite you to take 10 minutes a month to update yourself with what's going on in the Network and the afterschool/youth development field.

March 2007

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THE SPOTLIGHT!

Working Together to Promote Healthy Children - Join Pennsylvania Advocates for Nutrition and Activity (PANA) its celebration of National Turn off the TV Week from April 23rd through April 29th. PANA is a coalition of various public and private partners working to promote healthy eating and active living across the Commonwealth. This year, PANA is coordinating statewide activities for Turn off the TV Week in schools and communities. The week is designed to provide youth, families, and community members with events and activities that are alternatives to watching TV. PANA is encouraging organizations, businesses and community groups to get involved by promoting existing community events throughout the week. Turning off the television gives us a chance to read, create, think, and connect with our families and engage in our communities. For more information, please visit www.panaonline.org.

PSAYDN UPDATE

Stay informed – Here's what's going on.

- **Just Released** – *The Power of Afterschool Programs: Why every child in Pennsylvania should have access to an affordable, high-quality afterschool program*, the first issue in a series of policy briefs, was released last week by PSAYDN. The brief highlights the importance of afterschool and youth development programs, summarizes the state of afterschool in Pennsylvania, and recommends general policy strategies to further improve afterschool in the Commonwealth which is home to 1.3 million children of working families. To read the paper, visit www.psaydn.org.
- **Taking Action** – On March 8th of 2007, PSAYDN hosted an engaging conversation about afterschool programs and our recently drafted “Guiding Principles”, a set of indicators of quality for out-of-school-time programs across purposes and ages served. The gathering at the Hilton Harrisburg provided 38 individuals from 26 organizations with an opportunity to provide input as to what constitutes a “high-quality” program. The information will be used to

make continuous improvements to the “Guiding Principles”. Over the next few months, PSAYDN will hold similar events around the state. For more information, please contact us at psaydn@csc.csiu.org.

PROMISING PRACTICES – PROVEN STRATEGIES

Learn about what is going on locally and nationally.

Pennsylvania

Philadelphia - The Temple Youth VOICES Project is the centerpiece of the University Community Collaborative of Philadelphia’s Youth Civic Engagement work. VOICES is a project-based learning initiative that integrates media and youth leadership skills to empower youth to use their voices for positive social change. Within the last 5 years, the initiative has produced more than 30 videos on topics from obstacles to higher education to violence and racism with the help of their mentors. In early March, youth presenters Natalia Smirnov, Reese Acree, Dominic Eason, Gary Browne, Earl Joseph, Alison Huxta, Kim Russel, and Christopher Pol along with project coordinator, Catie Cavanaugh gave a wonderful presentation to validate the power of afterschool programs at the PSAYDN annual reception and Promising – Practices Conference. Youth speakers received positive acknowledgements from Secretary of Education, Dr. Gerald Zahorchak and numerous attendees throughout the night. For more information, visit www.temple.edu/voices.

Around the Country

The Finance Project and Forum for Youth Investment announces the launch of a new and searchable youth clearinghouse that will enable users to obtain information and resources for creating revenue sources, finding funds, and more. The clearinghouse also enables users to access profiles of programs across the country and view their successful sustainability strategies. To visit the website, go to www.financeproject.org/irc/yp.asp.

RECOMMENDED READING

Check out these recent articles, research, and reviews on afterschool and youth development issues.

- **Afterschool for the Global Age** – This report discusses the importance and growth of international education in schools and out-of-school-time programs. For more information, visit <http://internationaleled.org/afterschoolreport.htm>.
- **Healthy Choices Afterschool: Investigation of the Alignment of Physical Activity and Nutrition Programs/ Curricula and the National Afterschool Association Program Standards** – A review of various physical activity and nutrition programs suggests a need for program modification to meet the needs of different sets of learners. For more information, visit www.niost.org/publications.
- **Helping Kids Succeed Through Out-of-School Time Programs** – A review of existing research and literature on out-of-school time. For more information, visit www.aypf.org/publications/index.htm.

UPCOMING EVENTS

Mark your calendars; you don’t want to miss these events.

- **4/16/07 – 4/17/07 SERVE Center 2007 Linkages to Learning Institute** – Institute will be held in Myrtle Beach, SC. To learn more about this event, visit www.serve.org/calendar.php.
- **4/20/07 – 4/21/07 Annual Professional Development Forum: “Respect for All Children”** – Sponsored by Pennsylvania School-Age Child Care Alliance, this forum will be held in State College, PA at the Penn State Conference Center. To register, visit www.pennsacca.net.

- **4/23/07 – 4/24/07 Afterschool for All Challenge 2007** – Event will be held in Washington, DC. The first day of the event will take place at the Hilton Washington and the second day will take place on Capitol Hill. To register, visit www.afterschoolalliance.org/challenge_2007_sign_gen.cfm.
- **4/30/07 – 5/1/07 – Wellness and Academic Success: From Policy to Action –** Conference will be held at the Penn Stater Conference Center Hotel in State College, PA. To register, visit www.actionforhealthykids.org/state.php.

The **PSAYDN** is a collaborative effort among state, regional and local partners. Its purpose is to promote sustainable, high-quality out-of-school time youth development programs through advocacy and capacity-building to enhance the welfare of Pennsylvania's children, youth and families.

To learn more about PSAYDN, please contact:

Pennsylvania Statewide Afterschool/Youth Development Network
Kisha Bird, Project Director
Phone: 717.763.1661 ext. 138
E-mail: psaydn@csc.csiu.org
Website: www.psaydn.org